



Congratulations on scheduling your surgery with Dr. Gallagher!

Here is a check list of what you'll need to do to prepare for surgery:

Pre-Surgery Check List

At the time of scheduling:

- Insurance card front and back
- Vaccine card (if applicable)
- Photo ID
- Therapist Letter (if applicable)
- Pay 20% deposit
- Fill in consent forms

6 weeks before surgery:

- Stop smoking / vaping
- Quit any nicotine products

3 weeks before surgery (Daryl will reach out to remind you):

- Make final Payment
- Make sure all consent forms are completed
- Return bloodwork / medical clearance

1 week before surgery:

- Have a PCR test (ideally 5 days or less from surgery date)
- Make sure you have someone to pick you up from the surgery center
- Stop medications if Dr. Gallagher explicitly told you to – it is fine to continue with most medications including testosterone.

Day before surgery:

- Someone from the surgery center will reach out to you (usually 5pm) to confirm the start time and address
- Don't eat or drink from midnight
- Remove any metal piercings